



THE SWORD

Volume 15

Issue 03

MARCH 2018

<http://www.champlainseniors.ca>

WRITER - THIS ISSUE – ROSS FERGUSON

FEBRUARY 06

President Bob Bowles opened the meeting at 10:00 am announcing the singing of O'Canada followed by his toast to the Queen and Canada.



Ron Harrison

Pause for Thought:

Ron Harrison, founder of Outward Bound, outlined their activities - taking one trip per year with their 10 fibreglass canoes up a Canadian river.

MASTER OF CEREMONIES: Bill Grant entertained us with some good jokes many of which he laughed over before he reached the punch line.



Bill Grant as MC. He Really Liked His Jokes

SPEAKER:

Dr. Kevin Willison, of Public Health Sciences, spoke on Obstructive Sleep Apnea, which affects over 1,000,000 Canadian males over age 65. Symptoms include loud snoring; tiredness or sleepiness during the daytime; interrupted breathing during sleep and high blood pressure.

About 25% of Canadians are believed to have sleep apnea which can lead to other diseases such as diabetes, heart disease and Alzheimer's. A device called a Continuous Positive Airway Pressure (CPAP) machine, which provides pressurized air through a mask to prevent upper airway collapse, is the primary treatment option for patients with sleep apnea.



Dr. Kevin Willison

MASTER OF CEREMONIES: Bob Gaudie entertained the members with some good jokes many of which he laughed at before getting to the punch line.

Keeping in Touch: Bill Zufelt touched base with Cliff Spurgeon, George Moase, Earl Watts, Fritz Sawade and Al Hockin. All were quite lucid but Bill doubts they will return to the club.

SPEAKER: Bill Sergeant, speaking on behalf of Sleeping Children Around The World (SCAW), an organization formed in 1970 by Murray Dryden. They deliver 1,000 bed kits per year to needy children throughout the globe. Bill and his wife have made 7 trips to needy children in Africa and



Bill Sergeant with a Bed Kit

more recently to India. The group has no government funding but looks for funding from donors who pay \$35 for the bed kits. The kits are made in India and actually cost \$300

with discounts from small manufacturers. Travel is a personal expense of the worker.



Bob Gaudie as MC, Cracking Up at His Own Jokes



And The MusicMakers Played On

REMEMBERING DAVE DEVINE

Following cremation a Celebration of Dave's Life will be held at the Orillia Presbyterian Church (St. Andrew's), 99 Peter St. N., Orillia on **Saturday March 3, 2018 at 1 o'clock.**

David Kelly Devine; (Member of Equity Lodge #659, A.M. & A.F.; GRC, Lily of the Valley Chapter #141, O.E.S., Champlain Seniors, Past Member of Royal Canadian Legion Branch #34 and Past Elder of Orillia Presbyterian Church; St. Andrew's)- Passed away at home surrounded by his loving family on Sunday February 18, 2018 in his 86th year. Dave, beloved husband of Jane (nee Quinn). Loving father of David (Sheryl), Margaret (David), Lynn (David) and Laura (Dean). Cherished Papa of Kristen (Jean Paul), Scott (Jessica), Meg (Ryan), Chris (predeceased), Jeff and Jack. Proud Great Papa of Harper. Loved brother of Betty and the late Jessie, Margaret, and Campbell. Predeceased by brother in law Aaron. Fondly remembered by his nieces and nephews. Sadly missed by his many close friends. Following cremation a Celebration of Dave's Life will be held at the Orillia Presbyterian Church (St. Andrew's), 99 Peter St. N., Orillia on Saturday March 3, 2018 at 1 o'clock. If desired, Memorial Donations to Mariposa House Hospice would be appreciated. Messages of condolence are welcomed at www.mundellfuneralhome.com

Tribute: Larry Fitzhenry paid tribute to Ed Kalbfleisch. When Ed retired from 35 years as a high school teacher and department head, he decided it was time to do something different....something that involved travel. He successfully applied for and accepted a position as head housekeeper, cook and chauffeur for a lady in Brisbane, tropical Australia. That lady was his wife, Marilyn, who had accepted a year's teaching exchange near the Gold Coast. Retirement was looking good! While there, Ed had much leisure time, some of which he spent improving his skills as a water colour artist. By chance, Marilyn, an avid duplicate bridge player and teacher, happened to meet an internationally known bridge educator, Canadian Audrey Grant, at a weekend bridge workshop. She encouraged Marilyn and Ed to consider teaching bridge on cruises when they returned to Canada.....which they did.

Following Marilyn's retirement from teaching, they began their new career as bridge teachers on ships, Ed shuffling along as a bridge teacher and bridge game director, too. Early on, he discovered that he could also get cruise contracts to teach water colour painting as part of the entertainment program on cruise ships. For almost 20 years, they have seen the world from the seven seas, teaching bridge or art on almost 70 cruises on 20 different cruise ships. Don't ask which is his favourite ship. It is always the one he is on at the present!

Life in Orillia has also been very busy and rewarding for Ed. Family has always come first. With three children and their families close by, much time is spent helping out and now, being helped out. Ed and Marilyn enjoy 8 grandchildren, 7 granddaughters and 1 grandson, aged 3 to 15. He and Marilyn will celebrate their 51st wedding anniversary in March.

Until recently, much of every summer has been spent on Kawagama Lake, near Dorset, Ontario, building and maintaining the family cottage, canoeing and fishing. From his experience, he is sure the word "Kawagama" means "beautiful lake with no fish." Having sold the cottage last fall after 36 years of ownership, this will be a very different summer.

Orillia has afforded Ed many opportunities to enjoy and to contribute to community life, through such organizations as the Canadian Cancer Society, OMAH, Probus, the Curling Club, the Orillia Duplicate Bridge Club, St. James Church, a men's interest group started up by Lloyd Dennis and especially our Champlain Seniors' Service Club. In addition to the many volunteering opportunities that come up during each year, Ed has represented the club with the School Breakfast program for 8 years at Hillcrest and Lions Oval public schools and for 2 years has championed the club's contribution to the Salvation Army's Christmas kettle effort.

Ed says that when he was asked if he would like to join the club over ten years ago, sponsored by Fayne and Bill Price, he had no idea of the wonderful camaraderie he would enjoy here every Tuesday morning and for that he thanks all of you.

MASTER OF CEREMONIES: Jim Graham was the MC, assisted by the Choir and the MusicMakers.

Keeping in Touch: Bill Zufelt touched base with long term absent members: Blair Ashmore, Al Hockin, Bob Ballantyne, Walt Murray, Fritz Sawade, George Moase, John Sheepway and Graham Marson. Bill provided a sheet with the names of those he feels would welcome visitors. He has started a campaign to get more of us to visit these men.



Ed Kalbfleisch with Larry Fitzhenry



Jim Graham as MC with the Choir



Tamara Williamson Probation Officer

SPEAKER: Tamara Williamson spoke on her experiences as a Probation Officer. Her job is a combination of social worker and a police officer. Her clients are mostly male sentenced to two years less a day jail time. She supervises 60 to 70 clients and meets with them every two weeks, explores the specifics to that person and through discussion endeavours to change their attitudes or beliefs. Tamara teaches anti-criminal behaviour. She also prepares reports for the courts or other correctional decision-makers.

FEBRUARY 27

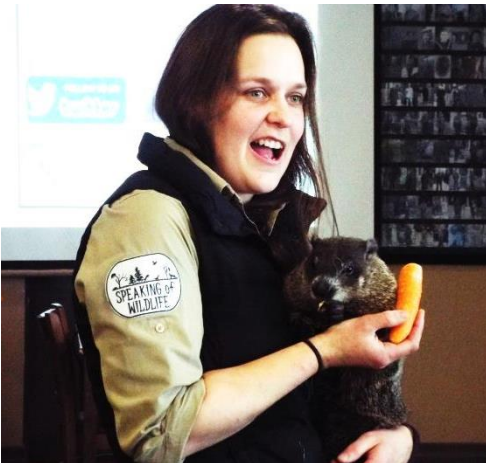
Induction of New Members: President Bob Bowles and Membership Chairman Bill Grant inducted two new members to the Champlain Seniors Service Club, Bill Macleod and Olaf Stosch.



President Bob Bowles, Bill Grant Membership Chairman, Olaf Stosch and Bill Macleod

Director Hal Taylor reported the Board's decision to form a special committee to identify nominees for recognition Awards for outstanding contributions to the Champlain Seniors Service Club and the Community.

MASTER OF CEREMONIES: Ross Ferguson as MC had some good old jokes and great old songs.



Krystal Hewitt and Caddy Shack

SPEAKER: The speaker was Krystal Hewitt of the Speaking of Wildlife (SOW) organization - a group which has been in existence since 1989. SOW focuses on Ontario animals and have several animals which can travel to schools, libraries, birthday parties and events like the Sportsman's Show in Toronto. They respond to requests to rescue injured wild animals. Some animals remain in their care until they recover. She illustrated her talk with photos of the Canada Geese recently shot with arrows, their new facility and a live ground hog. They are not government funded, but are paid for their attendance at some events and rely on sponsors for donations. Krystal showed off her baby groundhog, Caddy Shack, who predicted an early spring.

UPCOMING EVENTS

DATE	EVENT	CONTACT
<p>TUESDAY, MARCH 27</p> 	<p>LAST MEETING OF THE MONTH. PLEASE BRING A DONATION FOR THE FOOD BANK TO THE MEETING.</p>  <p>THE SHARING PLACE FOOD BANK</p>	<p>Ross Ferguson</p>
<p>TUESDAY, APRIL 03, 2018</p> 	<p>SOUP AND SANDWICH, ROYAL CANADIAN LEGION. LADIES AUXILIARY FUNDRAISER. 11:00 am to 1:00 pm. SOUP, SANDWICH, PIE, COFFEE & TEA. \$6.00</p>	<p>Bob Duff</p>
<p>FRI- SATURDAY MAY 4 & 5, 2018</p> 	<p>ORILLIA LITERACY SOCIETY CANVASSING AT ORILLIA SQUARE MALL.</p>	<p>Jim McAdams</p>
<p>TUESDAY, MAY 22, 2018</p> 	<p>SPRING LADIES DAY LUNCHEON</p>	<p>Barry Keen</p>
<p>THURSDAY, JUNE 21, 2018</p> 	<p>CLUB TRIP TO STRATFORD TO SEE THE "TEMPEST" COACH, LUNCH AT ANNA MAE'S AND THEATRE TICKET, \$130.00 PER PERSON.</p>	<p>Fayne Bullen</p>
<p>Note: If you have any upcoming events, Tag Days, Community Events, Club Events coming up anytime in 2017, send the information to the Editor to have them advertised here.</p>		

DAILY PROGRAM

PAUSE FOR THOUGHT (Rick Beyers)

Mar 06 John Bobyk
Mar 13 Dick Sleep
Mar 20 Bob Duff

MASTER OF CEREMONIES (Mike Jones)

Mar 06 Keith Elliot
Mar 13 Rick Byers
Mar 20 Pat Verner
Mar 27 George Smith.

POTPOURRI (Fayne Bullen)

Mar 27 Dave Godward

MARCH BIRTHDAYS

(Jim McAdams)

Mar 02 Cliff Scott	Mar 11 Fayne Bullen	Mar 15 John Allen
Mar 07 Sue Leslie	Mar 13 Ann Shaw	Mar 26 John Smalley
Mar 08 Kay Hayhurst	Mar 14 Melda Marson	Mar 28 Doug Sumner
Mar 08 Earl Watts	Mar 14 Kirk Thornton	Mar 28 Chuck Mugford

MARCH ANNIVERSARIES

(Jim McAdams)

Mar 20 Charles and Sharon Penny	Mar 27 Alan and Pat Weir
Mar 25 Ed and Marilyn Kalbfleisch	Mar 30 Jim and Betty Ballantyne

GUEST SPEAKERS

(John Smalley, Rae Hutt and Dave Godward)

MARCH 06 My Life So Far - Les Welch

MARCH 13 Building Hope - Sharlene Taylor

MARCH 20 Greenbelt Expansion into Simcoe County - Margaret Prophet

MARCH 27 Refereeing in the NHL - Ron Hoggarth

Note: If you do not get the Bulletin by email by the weekend after the last meeting of the month, go to the web site to download it. The Champlain Seniors Web Site is <http://www.champlainseniors.ca>
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